

# What is AM and PM?

AM and PM identify the part of the day such as, morning, midday, evening, or night.

When:

| AM  | PM   |
|---|--|
| <b>Ante Meridian</b><br>Latin for “before midday” | <b>Post Meridian</b><br>Latin for “after midday” |
| <b>Midnight to Noon</b><br>12:00 am – 12:00 pm    | <b>Noon to Midnight</b><br>12:00 pm – 12:00 am   |